

# MARCH 2010

**Esparto Family Practice, Laura Martinez:** Ongoing Diabetes Support Group. Meets every Monday at RISE office from 6:30-8:00 pm. Laura also provides 1:1 health issue intervention sessions at the clinic. The clinic is open 2-6pm daily, except Mondays which is open during the mornings. Need Info? Call Laura @ 787-3454.

**Legal Services, Northern California (LSNC), Kristi Link:** Kristi holds office hours in Winters at Winters Healthcare 310 Main Street in Winters, on the fourth Wednesday from 9-11. Call 530-795-5200 to make an appointment. She also holds appointments at RISE in Esparto on the first and third Thursdays. Call 787-4110 to make appointments. She is a Consumer Protection Issues Specialist. Contact Kristi@ 662-1065.

**Sacramento State, High school Equivalency Program, Darisa Gonzalez:** Focus on High School Graduation for student, if anyone in the family works seasonally (via GED training). The program comes out from Sacramento State. Call Darisa Gonzalez @ 707-291-0580

**Migrant Education, Sandra Enrique:** Migrant Centers opening soon. March 26<sup>th</sup> Conference "No Barriers" at Sacramento State University. Free to out of school youth who are migrant youth. This is the target population. Seniors in High school also okay. Call Sandra @ 666-1977 ext 12 for more information.

**AFOP, Brandon Louie:** Provides Farm worker Services Education Opportunities for youth and youth in fields' protection and want farm worker youth group and coalition of folks interested in farm worker issues. Call Louie @ (916) 296-0165 for more information.

**Yolo County Housing, Connie Gomez:** Center for Land Base Learning, WIA Internships available, Winters. Yolo County Housing Authority, 60<sup>th</sup> Birthday. Housing Focused Calendar Available for the public. Call Connie at 669-2216 for more information.

**Yolo County Food Bank, Frances Johnson:** Ryan Gamba leaving, but Moveable Market is still continuing with new staff. Ryan is continuing his career in Peru.

**Adult Protective Services, Tish Biane:** Child Welfare Services (CWS) has moved to main DESS offices, on 25 N. Cottonwood Street in Woodland. Their number is 661-2750, extension one. Also collaborating more with Adult Protective Services, this is located at the same address. Contact Tish with questions at 661-2940.

**Yolo County Office of Education, Viola Devita:** Adult Education Center planning underway. "Excellence in Education Award", contact Karen Fox to attend; "Equity Summit" in March. Break-out Workshops in various areas of interest. "CA Association of Latino Superintendents" gives \$1,000 scholarships.

**Suicide Prevention, Maria Contreras:** Offers presentations focusing on life's transitions, how to build into resiliency, likes to present to groups, bereavement stuff (grief and loss); verge of suicide, hard to get someone right away; a continuing sadness can refer to mobile crisis referral. Call 753-7255 to schedule a presentation.



## Upcoming Events:

**RISE, Youth Development Training:**  
Tico Zendejas and Rachel Bingham, In coordination with Youth Development Institute are facilitating a free training, valued at \$1500 for those working with our Yolo County Youth. Please call 787-4110 or 794-6000 to receive more information regarding this opportunity. Training dates are April 7<sup>th</sup>, 8<sup>th</sup>, Call Tico @ 787-4110.

**Migrant Education, Karen Quintanilla:**  
Conference "No Barriers" at Sacramento State University on 03/26/2010. No Cost to out of school migrant youth or high school Seniors. Call Karen @ 666-1977 for info.

**Esparto Family Practice, Laura Martinez-Chavez:**  
The Ongoing Diabetes Support Group Meets every Monday at the RISE office from 6:30-8:00 pm. The first meeting is March 1, 2010. The group will run for six weeks, then take a two-week break, then re-start for another six weeks. The location is 17317 Fremont Street in Esparto. Call Laura at 787-3454 for more information. The Esparto Clinic is open from 2-6 p.m. Daily, except Mondays, which it is open in the morning. Call 787-3454 to make appts.

**Legal Services of Northern California, Kristi Link:**  
New office hours every fourth Wednesday From 9-11 at Winters Healthcare on 310 Main Street in Winters. Call Kristi at 662-1065 to schedule an appointment. She also has office hours every first and third Thursday from 9-11, in Esparto. Call 787-4110 to schedule an appointment.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Diabetes Support Group @ RISE 6:30-8:00 pm</i>	2 <i>Esparto Dental Office Open 8-5 Call 787-4972</i>	3 <i>Esparto Food Bank 9-12 Countryside Community Church</i>	4 <i>Esparto Library Toddler Story time 10:30</i>	5 <i>Esparto Food Bank 3-5 Countryside Community Church</i>	6
7	8 <i>Diabetes Support Group @ RISE 6:30-8:00 pm</i>	9 <i>Esparto Dental Office Open 8-5 Call 787-4972 To make an appt.</i>	10 <i>Esparto Food Bank 9-12 Countryside Community Church</i>	11 <i>Esparto Library Toddler Story time 10:30</i>	12 <i>Esparto Food Bank 3-5 Countryside Community Church</i>	13
14	15 <i>Diabetes Support Group @ RISE 6:30-8:00 pm</i>	16 <i>Esparto Dental Office Open 8-5 Call 787-4972 To make an appt.</i>	17 <i>Esparto Food Bank 9-12 Countryside Community Church</i>	18 <i>Esparto Library Toddler Storytime 10:30</i>	19 <i>Esparto Food Bank 3-5 Countryside Community Church ESPARTO COLLABORATIVE MEETING: 9-11:30 ESPARTO</i>	20
21	22 <i>Diabetes Support Group @ RISE 6:30-8:00 pm</i>	23 <i>Esparto Dental Office Open 8-5 Call 787-4972 To make an appt.</i>	24 <i>Esparto Food Bank 9-12 Countryside Community Church</i>	25 <i>Esparto Library 10:30 Toddler Storytime</i>	26 <i>Esparto Food Bank 3-5 Countryside Community Church "No Barriers" Conference at Sacramento State University</i>	27
28	29 <i>Diabetes Support Group @ RISE 6:30-8:00 pm</i>	30 <i>Esparto Dental Office Open 8-5</i>	31 <i>Esparto Food Bank 9-12 Countryside Community Church</i>			